Burnt Out In Biscuit Land – Content Notices

Burnt Out In Biscuit Land is a live experience blending, film, performance and conversation. It is funny and surreal, but it touches on issues that some people might find upsetting.

You are welcome to leave and come back in at any time, and there is a chill-out space for you to use.

Here is a list of content and themes so you know what to expect:

- The piece deals with adult themes including isolation, discrimination and living through a crisis.
- The show is performed by disabled and neurodiverse artists. They talk about their experiences as disabled people. This will include their experience of ableism, which is discrimination against disabled people.
- Jess Thom is one of the performers. She has Tourettes Syndrome which means she makes movements and noises she can't control called tics. Some of her tics may include strong language.
- The film starts with a body bag on the floor.
- The film includes references to Do Not Resuscitate orders.
- The film shows the performers eating food out of tins.
- The film features moments of bright light and loud noise.
- The film features a catchy song about not being dead.
- The film includes a brief argument and physical struggle between two of the characters.

- Towards the end of the film a computer gets dropped on the floor which makes a loud noise.

- At the end of the film the characters put on balaclavas.

- After the film there will be a discussion with the audience. This includes time for the audience to ask questions or share their experiences. We do not know exactly what that conversation will be because it will change from one performance to the next.

- At the end, the audience will be invited to dance together in the space before they leave. This element is optional and you do not have to take part if you don’t want to.